Friday, April 1, 2022	Saturday, April 2, 2022	Sunday, April 3, 2022	Monday, April 4, 2022	Tuesday, April 5, 2022	Wednesday, April 6, 2022	Thursday, April 7, 2022
Fresh Pineapple	Banana	Tropical Fruit (can)	Mixed Berries	Banana	Grapes	Orange Wedges
Denver Skillet (Egg and Potato)	Corn Bread Baked Egg	Cheese blintz w fruit	Spinach & Feta Scramble	French Toast w/ Banana Sauce	Scrambled Eggs & Cheese	Tomato & Cheddar Omelet
Bacon	Sausage Link	Sausage Kielbasa	Ham Steak	Kielbasa	Ham	Sausage Link
Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes
Grits	Malt O Meal	Oatmeal	Grits	Oatmeal	Grits	Malt O' Meal
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
			Lunch			
Cream of Asparagus Soup	Potato Leek Soup	Vegetable Beef Soup	Italian Wedding Soup	Salmon Chowder	Chicken Rice Soup	Turkey Wild Rice soup
Chicken Salad on Romaine	Strawberry and Spinach	Carrot/Raisin Salad	Broccoli Salad	Tossed Salad	Chinese Salad	Couscous Salad
Grilled Reuben Sandwich	Chicken Teriyaki	BBQ Beef Spare Ribs	Roasted Turkey	Meatloaf w/ Gravy	Philly Cheese Steak	Beef & Pork Lasagna
Potato Wedges	Jasmine rice	Dirty Rice (pork Sausage rice)	Mashed Potato/Gravy	Mashed Potatoes	Waffle Fries	Sweet Potato Puffs
Sautéed Green Beans	Stir Fried Vegetables	Breaded Okra	Baby Carrots	Green Beans	Yellow Zucchini	Asparagus
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *
Bread Pudding	Banana Cream Pie	Ice cream sandwich	Cream Puff	Black Forest Cake	Blueberry Cobbler	Cheesecake
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
Dinner						
Potato Leek	Vegetable Beef Soup	Italian Wedding soup	Salmon Chowder	Chicken Rice Soup	Turkey Wild Rice soup	Tomato Bisque
Chicken Salad on Romaine	Strawberry and Spinach	Carrot/Raisin Salad	Broccoli Salad	Tossed Salad	Chinese Salad	Couscous Salad
Salisbury Steak	Pork Scaloppini (Pork & Mushroom)	Pulled Pork Sandwich	Garlic Shrimp	London Broil	Poached Salmon w/ Bernaise	Chicken Pene Alfredo
Baked Potato	Creamy Bowtie Pasta	Gratin Potato	Creamy Orzo	Mushroom Risotto	Spaghetti Squash	Baked Potato
Tri-Colored Cauliflower	Braised Mix Vegetable	Spinach	Green Bean Casserole	Roasted Beets	Broccoli	Turmeric Cauliflower
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *
Strawberry Ice cream	Sugar Cookie	Lemon Pudding	Peach Slices	Sliced Pears	Chocolate Ice Cream	Mandarin Oranges
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
OPP Daily Menu						

^{*2}oz serving whole grain

Friday, April 8, 2022	Saturday, April 9, 2022	Sunday, April 10, 2022	Monday, April 11, 2022	Tuesday, April 12, 2022	Wednesday, April 13, 2022	Thursday, April 14, 2022
Banana	Fresh Melon	Orange Wedges	Fresh Pineapple	Banana	Tropical Fruit (can)	Mixed Berries
Frittata	Mushroom Swiss Casserole	Blueberry Pancake	Quiche Lorraine	Scrambled Eggs w/ Cheese	Fried Eggs	Hard Boiled Eggs
Apple Sausage Links	Bacon	Sausage Patty	Turkey Bacon	Sausage Kielbasa	Chicken Apple Sausage	Bacon
Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes
Oatmeal	Grits	Oatmeal	Cream Of Wheat	Oatmeal	Malt O Meal	Oatmeal
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
			Lunch			
Tomoto Bisque	Cream of Chicken Soup	Turkey Vegetable Soup	Ham & Split Pea	Chicken Tortilla Soup	Roasted Cauliflower Soup	Chicken Gumbo Soup
Heirloom Tomato Salad	Cranberry, Feta, Spinach Salad	Artichoke & Tomato Salad	Creamy Cucumber Salad	Shrimp & White Bean	Arugula & Fennel Salad	Black Bean Salad
Salisbury Steak w/Gravy	Ham & Cheese Sandwich	Meatballs w/Marinara Sauce	Lemon Butter Baked Salmon *	* Beef Gyro	Turkey Pot Pie	Wild Rice Stuffed Pork Chop
Egg Noodle	Tater Tots	Spaghetti	Parmesan Rice Cake	French Fries		Onion Rings
Steamed Mix Vegetable	Winter Squash Blend	Steamed Broccoli	Asparagus	Sautéed Green Beans	Baby Carrots	Lemon Butter Broccolini
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *
Boston Cream Pie	Devil's Food Cake	Peanut Butter Cookie	Peach Crumble	Jello Cake	Oatmeal Cookie	Apple Strudel
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
Dinner						
Cream of Chicken	Turkey Vegetable Soup	Ham & Split Pea	Chicken Tortilla Soup	Roasted Cauliflower Soup	Chicken Gumbo Soup	Coconut Chicken Thai
Heirloom Tomato Salad	Cranberry, Feta, Spinach Salad	Artichoke & Tomato Salad	Creamy Cucumber Salad	Shrimp & White Bean	Arugula & Fennel Salad	Black Bean Salad
Chicken Tenders	Shrimp & Chicken Rice Stew	Pork Taco (2) & Pico de Gallo	Roast Beef	Almond Chicken	Beef Chili	BBQ Chicken
Onion Ring	Turmeric Rice	Seasoned Black Beans	Garlic Mashed Potato	Steamed Rice	Roasted Red Potato	Baked Beans
Cole Slaw	Peppers & Onions	Cauliflower & Cheese Sauce	Turnips	Asian Vegetable Medley	Sautéed Spinach	Homemade Potato Salad
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *
Rainbow Sorbet	Peppers & Onions	Mandarin Oranges	Vanilla Ice Cream	Pears	Sliced Peaches	Apricot Halves
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
Opp Daily Menu						

^{*2}oz serving whole grain

Friday, April 15, 2022	Saturday, April 16, 2022	Sunday, April 17, 2022	Monday, April 18, 2022	Tuesday, April 19, 2022	Wednesday, April 20, 2022	Thursday, April 21, 2022
Banana	Fresh Melon	Orange Wedges	Fresh Pineapple	Banana	Tropical Fruit (can)	Mixed Berries
Ham & Cheese Scramble	French Toast w/ Berries	Scrambled Eggs	Pancakes	Eggs Benedict	Fried Eggs	Biscuit & Gravy
Sausage Links	Bacon	Chicken Apple Sausage	Turkey Bacon	Sausage Links	Sausage Patty	Ham
Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes
Oatmeal	Grits	Malt O meal	Cream of Wheat	Oatmeal	Malt O Meal	Oatmeal
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
			Lunch			
Coconut Chicken Thai Soup	Tomato Bisque	Butternut Squash Soup	Southwest Chili	Cream of Mushroom Soup	Clam Chowder	French Onion Soup
Garden Salad	Coleslaw	Roasted Pear Salad	Roasted Beet & Goat Cheese	Chef's salad	Pasta Salad	Tomato Mozzarella Salad
Mongolian Beef	Fried Cod Fish	Roasted Cornish Hen	Honey Baked Ham	Fried Chicken	Veal Parmesan	Garlic Chicken Breast
Fried Rice	French fries	Fingerling potaotes	Sweet Potato	Macaroni & Cheese	Herb Buttered Rice	Fettuccini w/Alfredo Sauce
Steamed Bok Choy	California Vegetables	Asparagust	Steamed Broccoli	Italian Green Beans	Assorted Vegetables	Zucchini
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *
Yellow Cake w/Vanilla Frosting	Tapioca Pudding	Pineapple Upside down Cake	Fruit Pie	Banana Pudding W/ Vanilla Wafers	Lemon Cake	Chocolate Cake
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
			Dinner			
Tomato Bisque	Butternut Squash Soup	Southwest Chili	Cream of Mushroom	Clam Chowder	French Onion Soup	Roasted Red Pepper Bisque
Garden Salad	Coleslaw	Greek Salad	Roasted Beet & Goat Cheese	Chef's Salad	Pasta Salad	Tomato Mozzarella Salad
Rockfish w/Shrimp	Bacon Cheeseburger	Chicken Mac & Cheese	Turkey a la king	Red Beans and Pork	Pot Roast	Steak Tacos (2 each)
White Rice	Lyonnaise Potatoes	Egg Noodles	Linguine	Roasted Red Potatoes	Mashed Potato	Basmati Rice
Sautéed Spinach	Peas & Carrots	Roasted Dill Carrots	Braised Vegetables	Roasted Cauliflower	Carrot, Onion, Celery	Seasonal Vegetables
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *
Vanilla Ice Cream	Peach Slices	Fruit Cocktail	Chocolate Chip Cookie	Apricots	Jell-O	Rainbow Sorbet
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
Opp Daily Menu		•	•	•	•	•

^{*2}oz serving whole grain

Friday, April 22, 2022	Saturday, April 23, 2022	Sunday, April 24, 2022	Monday, April 25, 2022	Tuesday, April 26, 2022	Wednesday, April 27, 2022	Thursday, April 28, 2022
Banana	Fresh Melon	Orange Wedges	Fresh Pineapple	Banana	Tropical Fruit (can)	Mixed Berries
Fried Eggs w/ Salsa	Biscuits & Gravy	Blintz & Fruit Sauce	Ham & Swiss Croissant	Corned Beef & Hash	Banana Pancakes	Eggs Benedict
Bacon	Sausage Link	Chicken Apple Sausage	Bacon	Sausage Patty	Ham	Pepper Bacon
Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes	Home Potatoes
Oatmeal	Grits	Malt O meal	Cream of Wheat	Oatmeal *	Malt O Meal	Oatmeal
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
			Lunch			
Roasted Red Pepper Bisque	Lentil Soup	Chicken Posole Soup	Minestrone	Beef Barley	Cream of Chicken Soup	Cream of Broccoli
Tossed Salad	Cucumber & Radish Salad	Caesar Salad	Blood Orange & Fennel Salad	Broccoli Slaw	Cobb Salad	Potato Salad
Chicken Pesto Panini	Chicken Fajitas	Pork Bolognese	Broccoli Beef	Tuna Melt	Chicken w/Tomato Olive Sauce	French Dip
Sweet Potato Fries	Spanish Rice	Pappardelle Pasta	White Rice	Garlic Fries	Spatzle	Onion Rings
Three Bean Salad	Buttered Chayoute	Broccolini	Stir Fried Vegetables	Corn	Cauliflower	Swiss Chard
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *			
Strawberry ShortCake	Pecan Pie	Tirimisu	Pumkin Bar	Carrot Cake	Mixed Berry Crisp	Lemon Meringue Pie
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
			Dinner			
Lentil Soup	Chicken Posole Soup	Minestrone	Beef Barley	Cream of Chicken Soup	Cream of Broccoli	Carrot Ginger Soup
Tossed Salad	Cucumber & Radish Salad	Caesar Salad	Blood Orange Frisee Salad	Broccoli Slaw	Cobb Salad	Potato Salad
Turkey Chili	Tuna Casserole	Beef Stroganoff	Lemon Baked Chicken	Chicken Pot Pie	Herb Buttered Trout	Chicken Marsala
Lemon Potatoes	Latke Potato Cake	Egg Noodles	Parsnip Potato Puree	Mashed Potatoes	Farro	Parmesan Risotto
Cauliflower	Peas	Italian Green Beans	Roasted Brussel Sprouts	Sauteèd Spinach	Snap Peas	Green Beans & Tomatoes
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *	Whole Grain Dinner Roll *			
Fresh Apple	Fruit Cocktail	Pears	Mandarin Oranges	Peach Slices	Vanilla Ice Cream	Ambrosia Fruit Salad
1% milk	1% milk	1% milk	1% milk	1% milk	1% milk	1% milk
Opp Daily Menu		•	•	•	•	-

^{*2}oz serving whole grain

Friday, April 29, 2022	Saturday, April 30, 2022		
Banana	Fresh Melon		
Poached Eggs	Scrambled Eggs & Cheese		
Ham Steak	Bacon		
Home Potatoes	Home Potatoes		
Grits	Oatmeal		
1% milk	% milk		
	Lunch		
Carrot Ginger Soup	Chicken Noodle Soup		
Caesar Salad	Marinated Veg Salad		
Beef Tips Au Jus w/ Mushrooms	Beef Shepherd's Pie		
Dill Buttered Potatoes	Acorn Squash		
Stewed Vegetables	Peas & Carrots		
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *		
Butterscotch Pudding	Apple Pie		
1% milk	1% milk		
	Dinner		
Chicken Noodle	Greek Lemon & Egg Soup		
Caesar Salad	Marinated Veg Salad		
Coque a Vin (Slow Cooked Chicken)	Tuna Salad Sandwich		
Onion Rice Pilaf	Succotash		
Squash Medley	Roasted Red Potato		
Whole Grain Dinner Roll *	Whole Grain Dinner Roll *		
Pears	Vanilla Ice Cream		
1% milk	1% milk		
Opp Daily Menu			

^{*2}oz serving whole grain